MILK AND BEGINNINGS

Milk is a primal substance. Milk is the first fluid to enter our mouths, to touch the tongue, to fill the belly. Our first words form around it and it flows into our language: in our thoughts and actions, we skim, condense, homogenize, express, churn, curdle, culture, sour, combine, separate. Milk, the milk of human kindness, is there with life from its beginnings and is essential for its continuation. For a premodern order, milk was life-giving and productive. Life, milk-sustained life, linked to fate and destiny. The land that flows with milk and honey was a specific reference to the homeland of a herder people—Canaan. This bountiful pasture became the model of a life sweet and fulfilled. Contemporary idiomatic speech is replete with spilt milk, milksops, milch cows, cash cows, sacred cows, the milk-hearted, the milk-livered,
milk for free, milking it, milking it for all it’s worth—all expressions of negativity, weakening, and exploitation. These phrases signal something of our contemporary dis-ease with anything that evokes dependency, an abject state in an age dominated by a form of capital that despises welfare, but thrives on precarity. There is, then, a milky language that speaks to our emotions, our socialization, and our hopes. If we disrupt milk’s turbid body, it may be mobilized as a “filter” through which to explore the contradictions of the present.

Milk is primary, but also multiple. It is liquid, solid, powder, emulsion. It is poured, pressed, molded, cast, extruded. It is formless, but can take on any form, even indexing other things that press into it when solidified. It adopts shapes, of vessels or the shapes made of it or in it, when in solid form. Milk is a substance prone to mimesis and abstraction, a duality echoed in the ebullient packaging that places it before us as an industrial staple. For pats of butter or rich creamy milks, there are countless hand-drawn bucolic scenes, realistically formed, that essentialize the gift of nature, of the mother, Mother Nature. Equally, milk is prone to abstraction through technical processing into powdered formulas or constituent parts. This abstraction is reflected in the aseptic geometries of plastic cartons, milk sticks, and Tetra Pak pyramids. The representations on the packaging and the forms of the container either reinforce sentimentalized versions of the chains that lead from cows to humans via commodification, or they bask in the alienation foregrounded by the technologies of production and the industrial triumph of invariant standardization.

Milk is a complicated liquid. It lends itself to reformulation and innovation, just as it reinforces existing social orders as natural. Milk articulates the rules of the nanny and the boss, as well as the technologist and the venture capitalist: it adapts to every kind of flow that the economy demands. Milk participates in a busy activity of human and bovine transformations. In solid, liquid, and powder forms, it is the matter of infinite innovation. Milk is refined, monetized, mechanized, and modernized. It is processed and recombined to extend its functionality.
The Nesquik bunny hawking his wares.

The McFlurry, Mr. Whippy, Dairy Queen Blizzard, Cheese String, Dreaming Cow, Laughing Cow, Skinny Cow, Happy Cow, Crusha, Marvel—these dairy icons perform health and the abuse of health; an array of high-calorie, high-fat, low-calorie, low-fat, high-sugar, sugar-free, highly processed glimmer, with techno-scientific, multicolor, hedonistic, and eroticized appeal. These are the products of aggressive marketing, of low-margin, highly complex modes of manufacture. Dairy turns airy in ice creams that swell up with nothingness injected, and, as with microfoams in coffee, this airiness—or “overrun,” as it is known in the industry—not only changes the texture, but also seems to stand as a symbol of milk’s overinflated presence and excessive connotative ability in contemporary culture. Transgressive in relation to species origin, and in relation to the edicts of health, yet utterly pervasive, many of these hypernormative products are pitched at young people and children. They collaborate with a plethora of high-energy animated mascots in ecstatic reverie, weaning children from the breast and the bottle through a sugary lure.
Milk’s propensity for animation, for shape-shifting and transformation, teams it commercially with a bestiary of cartoon avatars and a dazzling spectrum of synthetic colors. Milk is frozen into colorful crystals with personality for a teeming frozen-treats market whose products bear ever less tangible relations to milk. In this format, milk adopts any and every shape, that of superheroes or cartoon villains, baroque architectonics or body parts. The cow, used frequently as a metaphor for the passive, dumb, and exploited, is replaced by wily, smart-talking animals and apocryphal consumers of its milk—cats, rabbits, mice—leaving only a vestigial hint of the originating animality. The ontologies of donor species collapse as milk re-forms into consumable biomass.

Though we associate milk with the nursery, a liquid of our childhood, and the childhood of human life, milk is now increasingly a substance for adults. One of the most technologized liquids on the planet, it appears in recombination not only as foodstuff—most visibly in the current proliferation of corporate froth in milky coffee microfoams—but also in fertilizers, deicers, bottle-labeling adhesives, antiwrinkle agents, shampoo, hand cream, floor-leveling compounds, leather finishes, paper coating, concrete, and cement. It can be used to produce ethanol (from whey), and is found in supplements and catalysts, emulsifiers and surfactants. Milk re-enters the human body surreptitiously, as concentrates and isolates. Advertising promotes the incorporation of whey isolates to expand the muscle mass of male bodybuilders, at the same time as it promotes their power to diminish the body mass of female dieters.
American milk advertisement, commissioned by the National Fluid Milk Processor Promotion Board, featuring a mustachioed Naomi Campbell, 1995.
Milk is versatile. One of its qualities is the capacity to separate or be separated. Milk is separated from cream, curds from whey. Its relation to separation extends in other directions. A form of physical separation is at work in the distancing or abstraction of milk from the female mammal’s body. Separation abounds in the milk industry whereby the calf is separated from the cow, and milk is extracted from animals for human consumption. Separation more broadly occurs between milk for use and milk as a commodity for exchange. Separation is also part of the process of individuation—the separation of subject and object. Humans separate from caregivers, having passed through the nexus that milk provides.

Milk extracted or abstracted is a liquid representation of an annihilation of nature over time. In order to produce cows’ milk for humans, the seasonal cycle related to gestation has been extended into the endless time of ever-increasing milk yields. This is the temporality of the market, of production and circulation. Production time is decoupled from the idea of limits and insists that what is profitable be available at all times. Milk flows across the political body, its stream an emblem of progress and the perfectibility of modern times. Situating milk as infinitely available, white, aseptic, and central to the adult Western diet was a quest of modernity. The mass industrialization of milk indicates a mode of industrial metaphysics: an abstraction from its associations with female human and non-human animal lactation and its transformation into a de-gendered industrial staple. Luce Irigaray proposed that all Western culture rests on the murder of the mother. In milk and its replication, the efforts to replace or simulate, if not murder, the mother and to negate her capacity to provide milk, are evident. A human-centered philosophy of science assumes that its inventiveness and rationalizations can exceed anything that nature has produced, but, simultaneously, something called nature is essentialized and rendered a source of specific value. What is key is that whatever is devised does not exist in a vacuum, but is drawn into a matrix of valorization, which overdetermines its expressions. According to Elizabeth Grosz, “women’s corporeality is inscribed as a mode of seepage.” Dissociated from messy female bodies, formula milks and processed animal milks extract, separate, and attempt to recombine a problematic fluid into
something more streamlined. Bodies become erased in the dynamic of technologically realized reproduction, and modes are sought of imagining milk that obliterate intimacy and bodily exchange. Yet it returns as pornographica and as excessively visceral fantasy. There is an ambivalence attached to milk’s visibility as a source of nutrition and comfort for babies, but also as a seeping spurting image for adult sexual consumption. Lactating breasts are a market niche in the pornographic index: Preggo/Milky.

The milk-as-ejaculate trope spans the worlds of fashion, advertising, and stock imagery, as seen in photographer Terry Richardson’s 2001 shoot for clothing company Sisley.
SEEING MILK

Pure white milk is an ideal type. Cow’s milk, for its part, exists in a range between blue and yellowy orange, depending on the fat and protein content. White milk is a product of fantasy, though industry plays its role in making it an actuality through homogenization. Milk’s uniform white color is achieved by separating and recombining its constituent molecules. This is the making explicit of milk, of illuminating and enlarging it as a white presence in the world. Photography has played a role in this. Milky behaviors previously undetectable by the human eye were evidenced in Harold Edgerton’s microsecond photographs from 1931 onward, his faster lenses and better setup with stroboscopes perfecting the photographic techniques developed before him by Arthur Mason Worthington, who had published A Study of Splashes in 1908. Edgerton’s images of the impact of the milk splash radiate shock, and this technique became the advertising standard for imaging liquid commodities. One of
Edgerton’s milk-drop photographs, titled Coronet, was included in the Museum of Modern Art’s first photography exhibition in 1937. Papa Flash’s dynamiting of time into image was spectacular and secured his celebrity status. It was also tethered to military research into ballistics.\(^4\)

Edgerton’s techniques and technologies later helped detonate and simultaneously photograph the H-bomb. His company, EG&G, designed and activated timing and triggering systems for bomb tests. And he patented a camera, the Rapatronic, with an exposure time as little as two microseconds, in order to photograph the massive expanding flash of the nuclear fireball in the first fractions of a second after discharge. The initial micro-moments of an atomic explosion produce weird irregular bubbles stippled by discrepancies in the density of the bomb’s casing. If the hot force melted the support cables of the nuclear device, along with the surrounding desert sand and the eyes of any close-by onlookers, it also provided an image of melt, of frozen novelties caught at a moment of flux. The parameters of postwar culture might have been set: between hot bomb and frozen dessert, from most deadly to most innocuous. There is the “make anything you like” ice-cream dream of consumerism—emblematised in the boundless varieties of frozen dairy treats, colorful crystals with personality, dustings, aromas, and toppings, proposing a rainbow panoply of infinite possibility and a palette of luscious colors that the painter Willem de Kooning, for one, happily incorporated, straight from the twenty-eight flavors at the ice cream counter of a Howard Johnson’s restaurant.\(^5\) And there is the looming nuclear threat that, if activated, could liquefy it all, could dissolve every upturned eyeball, every pane of glass, making each human a puddle of once-was-ness. This bomb had its own creaminess, suggested in the testimony of journalist William L. Laurence: “The mushroom top was even more alive than the pillar, seething and boiling in a white fury of creamy foam, sizzling upward and then descending earthward, a thousand geysers rolled into one.”\(^6\)
Milk and photographic representation meet again in the digital age. The affinity between the lens and opaque fluid is extended for the commercial screen where the desideratum of digital simulation is the convincing reconstruction of real-world fluid dynamics. Computer-generated imagery (CGI) renders fluid simulations that delight in liquid rapture. Emulation of milk is reputedly the first thing everyone learns to do in CGI. Milk acts again as a kind of primal, or primary, fluid. Spilt milk becomes emblematic of both tragedy and of ecstasy. Captured by photographs or rendered digitally, milk takes on a body. It solidifies into forms that are in a state of suspension before collapse. CGI extends the capacity of milk to adopt any shape. It exploits its presence as liquid and animate, while rendering it as solid and infinitely shape-shifting.

Milk acts like unfired clay in the digital world. The frozen coronet of Edgerton’s milk is donated an illusory capacity for movement and plasticity, combining in its phantasms the
liquid and the crystal aspects of contemporary screens. Milk becomes anything, substituting for bullets, charging horses, or billowing dresses, but what it becomes specifically is a substitute for semen, for the ejaculate and its splash. This is something advertising also knew, when it played with milk-cum moustaches on young women’s faces.

MILK’S CONTAINERS
Some of the earliest vessels were containers for milk, as fat particles found in their clay and on tools attest. Clay and milk have a long-standing affinity. Tablets found in ancient Babylonia and Assyria bearing the earliest recorded writing, protocuneiform, have pictographs of milk vessels pressed into them. But just as milk has been subjected to varieties of purification, so too has clay been edged toward whiteness and purity. Porcelain is milk’s analogue: white, purified, numinous, idealized. Raw clay, like raw milk, is subjected to refinement, to smoothing out, to homogenization, to the market and its demands. It shares the same ability to take form and accept color. The milk and milk jug are coupled in the imagination—and the jug in turn becomes a euphemism for the breast. The clay milk vessel is drawn toward representation. Marie-Antoinette’s Sèvres breast cup is a celebrated mimetic vessel, one that she commissioned to match the color of her own flesh; tipped by a pert nipple in pink, it was a rhyton designed to be cupped in the hands.⁸

Rumored—falsely—to be cast from her own chest, it became a symbol of her suspect lasciviousness. Marie-Antoinette—known as Madame Deficit—had a pleasure dairy based on that of another queen of France, Catherine de Medici, who, childless and unpopular, had the first of her dairies built at Fontainebleu. Marie-Antoinette’s was at Rambouillet, and here she and her bosom friends could play at being milkmaids and consume milk products from a sixty-five-piece Sèvres porcelain service, including porcelain buckets mimicking the wooden counterparts in use in the peasant economy. In the pleasure dairies, women of the elite indulged in a fantasy of nurturing, a quality that France needed to regenerate itself without suffering the agonies of revolution. Madame de Pompadour—a courtesan of Louis XV, if apparently a frigid one—had also set up dairies, as well as sponsoring pastoral festivals. But
rather than be associated with the fertile, health-sustaining properties of milk, Madame de Pompadour was rumored to be sickly. Her various ailments were to be ameliorated by milk, and her face was covered by a white mask of makeup made of milk to disguise her blemishes. It was said that she suffered from fleurs blanches, a slang term for venereal disease derived from the white discharge visible in menstrual blood (flueurs). Milk offered an emotional palette against the hyperrationalism that would usher in the guillotine. It is still an emotional agent—for who has not cried over spilt milk? And who has not dreamed of happiness in the land of milk and honey?

The commercial milk vessels of the late twentieth century and beyond resist mimesis, and clay and milk are de-coupled. In Western markets, milk is now available only in one-use, infinitely available, standardized forms. In throwaway cartons, milk signifies both human ascendancy and the rinsed-out, exploited, and spent species of Earth whose yields are optimized but whose bodies are secondary. After years of being promoted as an essential component of the diet, associated with health and well-being, cow’s milk is now a substance of controversy, linked with excess cholesterol, calcium loss, lactose intolerance, and obesity. A liter of milk currently retails for less than a liter of water.

MILK’S GEOMETRY
As liquid, milk can drip freely, but in our social practice, milk is caught up, shaped, formed into standardized objects and directed along specific pathways. As milk flows, it maps out the geometrics of capitalist power. In Edgerton’s freeze-framed photographs of milk coronets, it is still possible to see something of milk’s unruly, exuberant self-shaping. The milk that sprays into the skies of pre- and early modern myths and paintings makes a heaven full of randomness. The milk that is made orderly within modernity is no less mythic, but it is presented as rationalized, a scientifically permeated fluid.
Industrialization produced the decline of the home dairy and the rise of the buttery and amalgamated dairies. In order to move beyond the capture of the cream by the wealthy, Sergei Eisenstein devised his cream-separator sequence in *The General Line* (1929). The nurturing qualities of milk are transferred to the actions of collectively operated and owned machinery. The cream is drawn off, not by the rich and not by hard graft, but by the machine, for the benefit of the workers. It spurts out ecstatically, another version of milk as cum shot, but conceived in a revolutionary context in which a redistribution of property or properties is imagined to be possible.
An empire built on the tetrahedron, the most basic of the five Platonic solids. Promotional image for Tetra Pak, 1950s.

Milk flows into the grid. In this generous grid, milk is conceived as an ideal substance that distributes to all and everyone. The grid is an abstraction that functions in a phase space, illusorily working within an impossible time-space conceived without contradictions. The
metaform of the “Milk Grid” is used specifically in relation to India’s national network of milk provision, which was established in the 1970s and which transformed India from a “milk-deficient nation” into the world’s largest milk producer by 1998. (This program, also dubbed the “White Revolution” and “Operation Flood,” was reanimated in 2015, as part of a project to stimulate liquid milk trade across South Asia, in order to push out the imports of milk powders from overseas.) The grid is a powerful image for a network that goes from cow to kitchen and covers an entire territory. It was modeled on the grid-like network of operations originally pioneered by the now-defunct Milk Marketing Board in the United Kingdom, which oversaw an integrated structure, from mechanized milking sheds to tankers to railway distribution. The milk grid can be extended from a motif of milk management in modernity, enmeshed with ideas of “progress,” to the standardization of all its constituent parts—its extended operations going from insemination, gestation, and feeding to extraction, purification, bottling, and processing. Modernity involves the shift from handcrafted processes (technologies of clay to make sieves and vessels) to wood and glass (churners and pats), to metal and mechanical processes in the nineteenth and twentieth century, to robotics and digitized operations of the twenty-first century. Robotic systems can now milk, clean, and feed the milk-making beasts, process and package the produce. In contemporary optimized dairy operations, there is no human contact between cow and human other than when milk enters the mouth. Geometries of milk have emerged to ascertain quality at the level of milk’s micro- and macrostructure. Furthermore, to conceive milk operations as enmeshed in the geometry of the grid is to imagine the precision of the bottling plant, and the clear-cut configurations of cubes or triangles of butter and cheese. The grid produces geometric forms, and the more all is standardized, the sharper the angles, the more platonically ideal the shapes. In testing butter, penetration and compression tests deploy a range of geometries: cone, needle, cylinder, sphere, and plate. Tetra Pak added an additional geometry with its white tetrahedral milk packs and their hexagonal geodesic supermarket stacks. The Tetra Pak is formed from an endless columnal stream of aseptic milk. The innovation that shaped their success was based on the observation that a tube of milk can be
poured endlessly and bisected laterally to create this iconic pyramid form, never contacting air, hand, or machine.

Plato gets a lesson in his own geometry. Promotional image for Tetra Pak, 1960s.

THE COW’S BODY

Capital’s will to autonomy confronts material limits. Reciprocally, the material realm is shaped by forces of abstraction. The cow’s body is overtaken by processes of “optimization.” Such language pervades the industry, where “yield” is increased by manipulating the cows’ feed, medication, living conditions, and genetics. There is a long history of destroying animals not deemed economically viable as part of national animal improvement plans. The United States Department of Agriculture still executes an “animal improvement program,” now through genetic selection rather than the culling programs of the early twentieth century.
Genetic animal “improvements” are tied into alliances of scientific-government-corporate policy. These optimizations of milk yields, to improve the productive efficiency and profitability of livestock, shadow the management of human health and development through managed nutrition, specifically those humans who are identified as biopolitically “backward.” Approaches to animal and human optimization partake in a historical narrative, with a racial basis. When Herbert Hoover made an address in 1923 on the milk industry at the World’s Dairy Congress, he affirmed that “upon this industry, more than any other of the food industries, depends not alone the problem of public health, but there depends upon it the very growth and virility of the white races.”\textsuperscript{9} The link between the whiteness of milk and the white races was reiterated in January 2017 during the installation HEWILLNOTDIVIDE.US by Shia LaBeouf at New York’s Museum of the Moving Image. A live streaming broadcast from the street outside the museum was to run for the term of Donald Trump’s presidency, providing a location for “resistance and insistence, opposition or optimism” through the endless chanting by the public of the work’s title sentence to a camera. The project was closed down after three weeks, on 10 February 2017, because it had become a “flashpoint for violence.” Far-right groups intermittently hogged the camera. Dancing and shouting, they punctuated their performances with the choreographed drinking of milk directly from gallon jugs in an assertion of white supremacy: “They spat it out as they danced, letting it dribble down their chins.”\textsuperscript{10} Rightist websites underscore the connection between drinking white cow’s milk and what they see as genetic optimization on a geographic-historical arc of lactose tolerance that has been traced across Europe. They toast the new political era with cheap, industrial milk, using it to oppose the “soft” leftist-liberal alternative and to celebrate whiteness as a dominant form.
DEEPER IN THE PYRAMID

Where Eisenstein depicted a collectively owned machine, the extension of the milk-machine under anti-solidaristic conditions goes into the body of the cow. Contemporary farming involves the invasion of the cow’s body. As milk yields expand, life expectancy contracts. Big data has reconfigured every aspect of dairy farming, and is combined with the financialization of species and individual worth pioneered in the field of animal science through quantitative analysis. Animals are given a value, or Lifetime Net Merit, in dollars. Factors used in the calculation include an estimate of how much a bull’s genetic material will affect the potential revenue from a dairy cow. Fluid, fat, protein ratios of the milk, and the quality of the ensuing progeny are predicted by gene markers and heritable traits, as well as pedigree records and market conditions. Body size; udder condition; foot, leg, and body ratios; cheese merit; fluid merit; daughter calving ease; productive life; daughter pregnancy rate; stillbirth rate—all are deduced through complex calculations of big datasets. There is
an air of rationality gone wild, cold logic mixed with hijinks whimsy and mythopoesis: one bull who was scientifically calculated as possessing the highest net worth is named Badger-Bluff Fanny Freddie, and another, Ensenada Taboo Planet-Et.\textsuperscript{11}

Current research aims to subsume the body of the cow entirely, as scientists attempt to generate “real” milk without the cow’s presence in the new field of “cellular agriculture.” Based on the promise of using milk cells as starter cells, but then regenerating milk synthetically, headlines ecstatically assert, “Animal lovers use biotech to develop milk made by man instead of a cow.”\textsuperscript{12} The nexus of nature and technology offers a physical and imaginative emancipation of generative new materiality that defies bounded perceptions of
body, gender, and species. What seems to be a turning point is also a continuity that can be perceived in the changing forms of milk over time. Milk is not just a life-giving liquid but also one latent with the power of annihilation, and its shapings are driven by the attempt to wrestle control of supply, as the mythic characters Hera and Opis knew.

Who is all this for? The ideal platonic form of the milk carton emerges in a subprime market for milk. Western markets are turning against cow’s milk as a degraded substance and are beginning to favor plant milk or milk without the cow, supertech milk from cows’ starter cells, the kind of milk men make in laboratories. Adult milk recapitulates the journey that formula milk made a hundred years before it. Billions of one-use plastic vessels leech toxins into land and water. The platonic forms and messages of health are now pitched elsewhere, “Deeper in the Pyramid.”

Since the 1950s, Tetra Pak’s Brancusi-like pyramid cartons have morphed from solid form into conceptual strategy and economic principle. Milk became an ur-form, a prototype that has been rolled out into multiple commodity lines. Tetra Pak currently sells five hundred
million packages a day. Its latest corporate strategy is labeled “Deeper in the Pyramid.” A minimalist modernity is conceptualized as an economic principle that inserts its white arrows into the “economic pyramid” for a maximized return based on a presence radically more pervasive than is possible when the goal is to cream off revenues from an exclusive market. The strategy is focused on creating new markets among the population positioned toward the base of the economic pyramid. Currently, profits are gleaned from the pyramid’s apex on a high return from a relatively small number of sales. By digging deeper into the pyramid, by pitching specially adapted product lines made from lower-cost ingredients for the mass population living on subsistence income between EUR 1.80 and 7.20 a day, the exponential increase in low-return profits promises a “‘golden opportunity’ for international companies.”

Milk is messy and compromised. Milk is original and pure. Milk is troubled, a turbid substance whose representation is difficult. It is presented as natural, health-giving, but is enmeshed in industrial processes and commercial strategies. It appears whole and entangled in life and liveliness, yet it speaks of death. To perceive the shapes within milk, the ways in which it has been shaped over time, is to give oneself up to its minglings, its combinations and recombinations with myth, social norms, social fantasy, and cultural practices. It means to conceive its expressibility, its capacity to be images, to seep into language and be made metaphorical. It necessitates thinking about the ways in which an orientation toward separation—from the body, from suppliers—has fed into its becoming abstracted for capital, into data, into something limitlessly reproducible and separate from or other to itself, as it flows between purity and abjection, the technoscientific and the bucolic, never settling, always spilling somewhere else.


5. See daviddavidgallery.com/artists/willem-de-kooning2.


7. This popular truism about training in CGI can be found circulating on various blogs and forums. See, for example, helloyoucreatives.com/post/3307413119/cgi-milk-we-think-its-the-first-things-everyone.


Melanie Jackson is an artist working with writing, moving image, and sculpture. She is based in London and represented by Matt’s Gallery. Recent solo exhibitions in London include “The Urpflanze (Part 1)” and “The Urpflanze (Part 2)” at Drawing Room and Flat Time House, respectively. This article is part of a collaboration with Esther Leslie, and is an extract from their forthcoming book Deeper in the Pyramid, which will be launched at their exhibition of the same name at Grand Union, Birmingham, in spring 2018.