Curated Choices: London Art Exhibitions May 2016 By Paul Carey-Kent

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Paul Carey-Kent curates his choices of London art exhibitions for May 2016. His rolling ten recommended contemporary art shows are all on view now.

Lisa Milroy: Out of Hand @ Lauraerman, 2 Harley Place – Tottenham Court Road

Graham Hudson: I lost my body but found my mind (Or, my only regret, is I did not fuck Che Guevara) @

CANAL, 60 De Beauvoir Crescent - Haggerston

To 14 May: www.canalprojects.info

Without saying you need to be mad to be an artist, it can sometimes help...and Graham Hudson seems to be drawing parallels with the clinically delauded in a show titled for quotes attributed to Jane Fonda. He cites a case study of someone with Cotard’s Syndrome, in which you think you’re dead, along with a revolving umbrella-heavy installation on which a light bulb is the stylus for a vinyl record of ‘test sounds’ such as traffic, table tennis and a fire alarm. Another room contains what could be an ironic self-portrait as a tub of muscle-builders’ supplement. However big his body (of work) might look, it seems, the artist will be convinced of its alarmingly slimness. No wonder Jane Fonda’s self-improving mindset comes in for mockery. So can Hudson square the circle of self-doubt and public presentation? He gets as far as rectangling a roll of tape by looping it onto the wall with fluent straightness.